

All About Me!



Reception Curriculum Map- Autumn 1 2026

Communication and Language:

Listens to stories with increasing attention and recall.

Respond to instructions involving two-parts, such as 'Get your coat on and wait at the door.'

Use longer sentences (4 to 6 words) when talking to connect ideas.

Uses vocabulary focussed on objects and people that are of particular importance.

Communication & Language



Listening & Attention

Understanding

Speaking

Physical Development:

Negotiate space and obstacles safely, with consideration for themselves and others.

Cooperation games, i.e. parachute games, ball games.

Climbing - outdoor equipment.

Fine Motor: Pencil control:

Use a range of small tools to perform activities such as threading, cutting, weaving, playdough, following patterns,

Practise letter formation following phonics rhymes.

Finger gym.



Personal, Social and Emotional Development

Self Regulation:

Express their feelings and give simple reasons.

Seek help through finding an adult.

Allow an adult to comfort them.
Recognise when a peer is upset.

Managing Self:

Manage their own needs such as
Using the toilet independently, taking their coat on and off.

Follow a simple instruction as part of a group, e.g. 'sit down', 'let's go outside.'

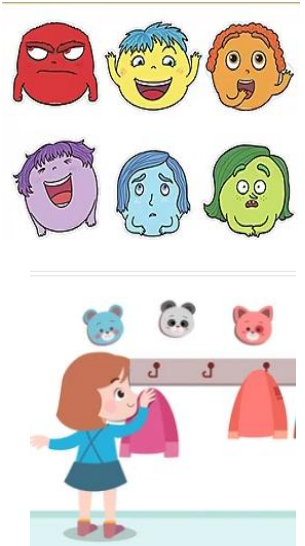
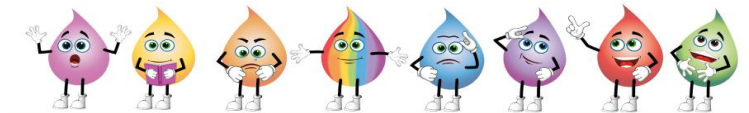
Building Relationships:

Join in an activity when invited by an adult.
Play alongside new peers and 'with' familiar peers.

Show interest in their new peers.

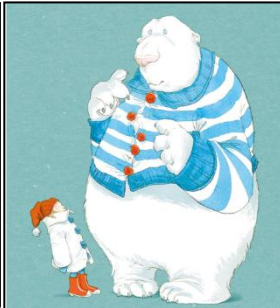
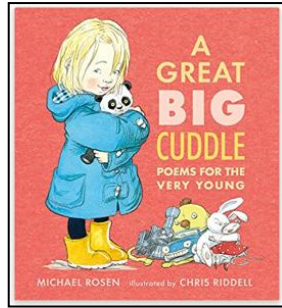
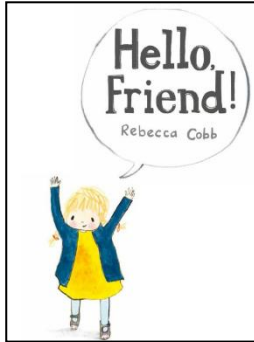
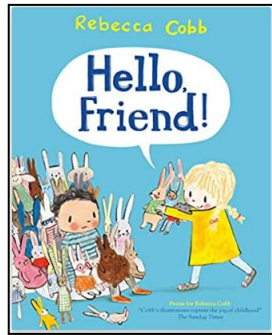


Building Relationships: Animated Storybook: Pink goes to school
Managing Self: Pink misses her family.



Literacy:

Key Texts

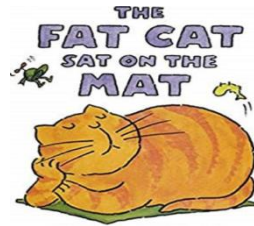
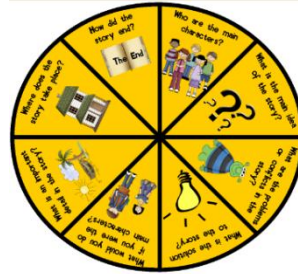


Comprehension:

Listen to a story and comment on the events.

Name the characters from a familiar story.

Spot and suggest rhymes.

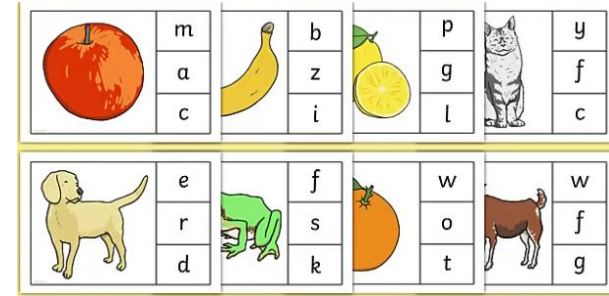


Reading:

Identify an object when given the initial sound.

Say the initial sound in a given word.

Clap the syllables in a word.

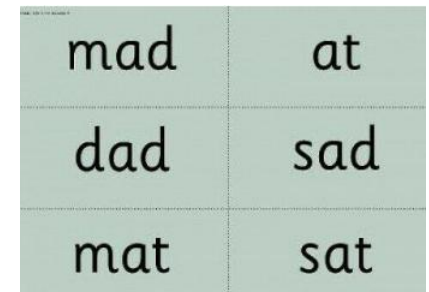
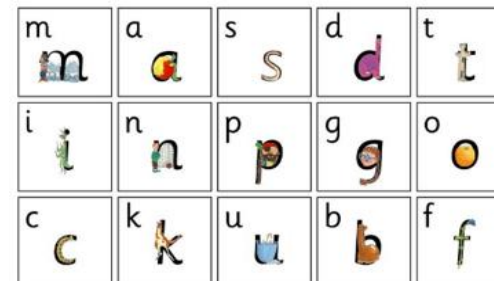


Phonics - Set 1 sounds & Word Time 1 2 3

Read individual letters by saying the sounds for them.

Recognise words with the same initial sound, such as 'm' for mountain and 'm' for mum.

Blend sounds into words, so that they can read short words made up of known letter sounds.



Writing:

Put meaning into marks, such as annotating a drawing by saying, 'That says mummy'.

To recognise and begin to write own name.

Label and write items with key sounds.

To write some graphemes/letters correctly.



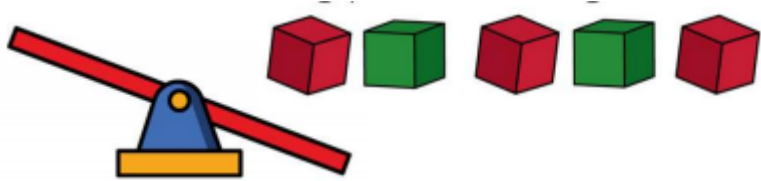
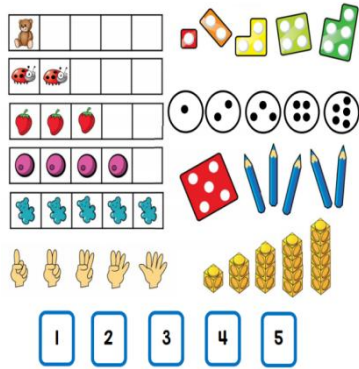
Mathematics:

Getting to know you.

Baseline - Numbers/shapes/
matching activities

Just Like Me!

Match and sort,
compare amounts,
compare size, mass and
capacity and exploring
patterns.



Expressive Arts and Design:

Safely use and explore a variety of materials, tool and
techniques, experimenting with colour, design, texture, form
and function.



Sing a range of well-known nursery rhymes and songs.



Understanding the World:

Past and Present

History:

Talk about the lives of the people around them and their roles in society. To be able to say who they are and who they live with.

Can talk about some member of their family.

Sequence family members by size and name
(baby, child, adult).

Can talk and write about any pets?

Culture and Communities

Geography:

Recognise some environments that are different to
the one in which they live.



Religious Education:

Which people are special and why?

Develop positive attitudes about differences between
people.



The Natural World - Science and Geography:

Respect and care for the environment
- inside the classroom and outdoors.

Talk about what they see in their own environment.
- school and home.
- hands on exploration using our senses.



Languages - Spanish:

- Learning simple songs and phrases.

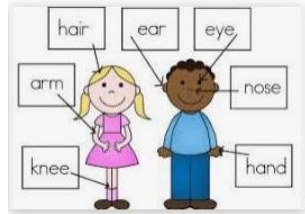
Knowledge Organiser

Reception – Autumn Term 1 – All About Me!

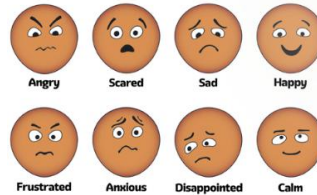
Facts and Knowledge

We are all different.

We all look different and unique. We have different colour hair and eyes, we are different shapes and sizes, we have different personalities, different emotions and we have different interests and likes/dislikes and we have different families.



How do you feel?



We need to look after our bodies

It is important for us to look after our body. You can look after your body by eating healthy food, exercising and brushing your teeth at least twice every day.



We are all part of our local community

We live in different houses in the same community. There are lots of different people living in our community and we have shops, schools and houses.



We explore the world with our five senses

We have five senses that help us to explore and understand the world. They are sight, hearing, smell, taste and touch.



Wow Words

different, unique, colours, describing words to talk about hair, eyes and skin.

house, bungalow, flat, townhouse, caravan, barn, community.

world, Chingford, country, street.

body, heart, muscles, bones, healthy eating, exercise, senses.



Questions to Ask

What do you look like? Who is in your family? Where do you live?

What do you know about the world you live in? What is your home like?

What is your school like? Who is in your community?

Where do you like to visit?