

**PARKSIDE PRIMARY SCHOOL**  
21 Wellington Avenue, Chingford E4 6RE  
☎020-8559-4278☎

26<sup>th</sup> January 2026

Dear Parent/Carer,



**Winter Olympics and Paralympic Winter Games**

Parkside is joining with Get Set for Milan, which helps young people get active, build healthy habits and celebrate the power of teamwork in the countdown to the Milano Cortina 2026 Olympic and Paralympic Winter Games and we would love families to join in too and have fun whilst being active.

In school, the children will be participating in a range of activities, which may be in PE lessons, active bursts, breaktimes and in clubs. Every minute of movement counts as we travel virtually between key Winter Games venues from Milan to Cortina — earning digital badges to mark our milestones along the way.

It would be fantastic if the children could log their activity at home too. This could be part of an external club, a family walk, swimming lesson, a dance in your living room or any other activities you do. Every minute counts!

Instructions for logging activities.

Go to the website: <https://www.getset.co.uk/app/log-activity>

PIN: 2094

Postcode E4 6RE

Team name: Parkside Panthers

Add in details of the activity



There are lots of ideas and activities on this website too, which are designed to be inclusive and most of all...fun!

We look forward to seeing how you all get active and help us to reach our goals towards the Winter Olympics and Paralympic Games! Please send in any photos that you take!

Thank you for your continued support.  
Have fun!

Yours faithfully

Ms L. Pearce  
PE Coordinator

